

988 & Suicide Prevention

KDADS PRESENTATION TO THE 2023 SPECIAL COMMITTEE ON MENTAL HEALTH

Presented by:

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988 Suicide Prevention Hotline

A New Era of Crisis Response

- The National 988 Crisis and Suicide Prevention Lifeline is now in its second year of implementation.
- The Kansas 988 Coordinating Council was established and has been meeting regularly to help coordinate state and local efforts and steward state funds.
- KDADS is working to support the 988 effort by managing state efforts and applying for and managing federal funds. KDADS has a dedicated FTE for the 988 Project Coordinator position.



KSA 75-5964 through 75-5971 established the Living, Investing in Values and Ending Suicide (LIVES) Act which laid the groundwork for implementation of 988 in Kansas:

- Establishment and coordination of services; requirements of KDADS, 988 suicide prevention and mental health crisis hotline centers, and providers of telecommunications services
- 988 suicide prevention and mental health crisis hotline fund established
 - \$10M annual transfer from SGF
 - Money to be used for routing of calls made to 988 and personnel and provision of acute mental health services, mobile crisis response including for persons with intellectual or developmental disabilities and persons with behavioral health needs, crisis outreach and stabilization services in response to 988 calls, public promotion, data collections, and reporting
- Annual report from the Secretary of KDADS
- Encouragement of inclusion of 988 information on K-12 student identification cards
- Establishment of the 988 Coordination Council and annual reporting

988 Suicide Prevention Hotline

Kansas 988 Network

Kansas has a network of four 988 Contact Centers that provide coverage to Kansans throughout the state:

- Douglas County – Kansas Suicide Prevention Headquarters
- Johnson County – Johnson County Mental Health Center
- Sedgwick County – COMCARE
- Shawnee County – Health Information Solutions

We currently are developing a fifth contact center in Wyandotte County.

In addition to covering Douglas County, Kansas Suicide Prevention Headquarters (KSPHQ) also serves as the primary contact center for any county without a local contact center. Healthsource Information Solutions, in Shawnee County serves as the statewide back up center, for any calls that rollover from KSPHQ. KSPHQ also provides statewide chat and text response for 988 in Kansas.

988 Goals

1. Expand chat and text response operations in order to better meet demand for these services
2. Continue to work on expanding capacity to dispatch calls to local mobile crisis teams
3. Prepare for and evaluate the nationwide unified platform
4. Promote the new national 988 awareness campaign and tie in with state and local efforts
5. Monitor in-state answer rates and call volume increases to make sure that adequate workforce is available

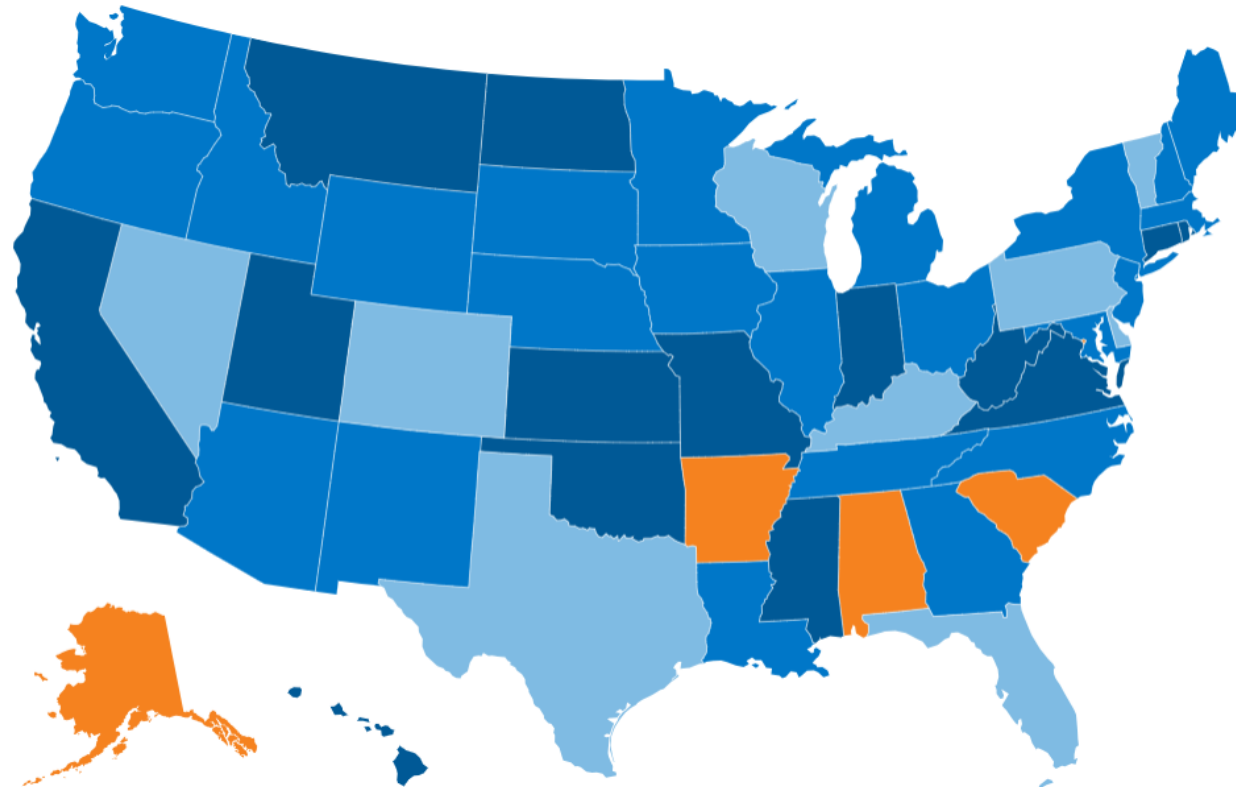
988 Suicide Prevention Hotline

In-State Answer Rates

Figure 3

Variation in 988 In-State Answer Rates, April-May 2023 (excludes VCL data)

■ 90-98% (14 states) ■ 80-89% (23 states) ■ 70-79% (9 states) ■ 55-69% (5 states including D.C.)



NOTE: The in-state answer rate for April to May 2023, according to Lifeline definitions, was determined by dividing the total number of 'answered in-state' calls by the total number of 'received' calls during the same months. Call not answered in-state may be transferred to out-of-state 988 overflow facilities. Data from the Veterans Crisis Line (VCL) are not publicly available, so they are not included in the analysis.

SOURCE: KFF analysis of Lifeline Performance Metrics (Vibrant Emotional Health's 988 Lifeline Data) • [Get the data](#) • [PNG](#)

KFF

KDADS Suicide Prevention Efforts

State Infrastructure

KDADS has been working over the last 5 years with the national Suicide Prevention Resource Center and other partners around the state to build state infrastructure for suicide prevention in Kansas.

In this effort, KDADS has worked with the legislature to increase state funding for suicide prevention efforts, including funding for the KSPHQ Suicide Prevention Resource Center, funding for the new Statewide Suicide Prevention Coalition, funding for Lemon-Aid a new postvention program that helps survivors of suicide, funding for a Man-Therapy campaign, and funding for a statewide suicide prevention conference.

KDADS has also been able to secure a 5-year Garrett Lee Smith Youth Suicide Prevention Grant, that will help fund local suicide prevention programs in Wyandotte and SE Kansas counties.

KDADS now has a dedicated FTE for a State Suicide Prevention Coordinator that is state funded as well as a federally funded FTE for the GLS grant coordinator. KDADS has also been investing in crisis services, like crisis stabilization units and mobile response teams as well as the CCBHC model discussed earlier.

KDADS Suicide Prevention Efforts

State Plan

The Governor's Behavioral Health Services Planning Council (GBHSPC) Prevention Subcommittee led the development of the current State Suicide Prevention Plan. Collaborators include many state agencies including KDHE and the Attorney General's Office.

The Kansas Suicide Prevention Plan (2021-2025) outlines the activities and responsibilities necessary to accomplish suicide prevention goals and objectives across the lifespan. The primary purpose of this State Suicide Prevention Plan is to reduce death by suicide in Kansas. This plan will be renewed every 5 years, with reviews occurring at least annually, as needed, and based on any significant changes in data or resources.

KDADS Suicide Prevention Efforts

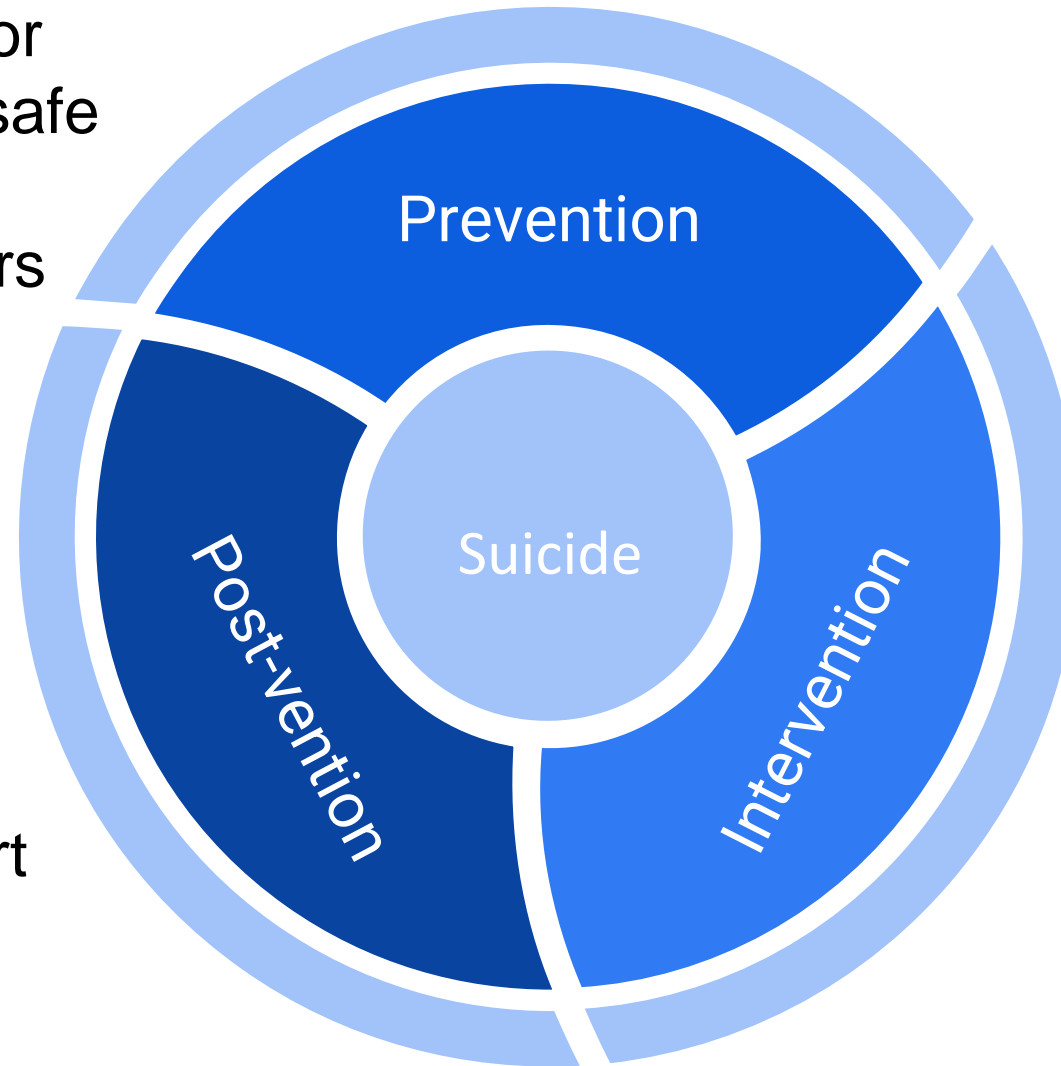
State Plan

The plan addresses four Strategic Directions and related Goals and Objectives:

- Healthy and Empowered Individuals, Families and Communities
- Clinical and Community Preventive Services
- Treatment and Support Services
- Surveillance, Research, and Evaluation

The full plan can be found online at: <https://kansaspreventioncollaborative.org/wp-content/uploads/2020/12/Kansas-suicide-prevention-Plan.pdf>

Help to prepare communities or people to be safe from suicide before it occurs



Activities that happen after a suicide to support those who are affected

Actions that help to support those who are already at risk of suicide

Suicide Prevention Plan 2021-2025

Universal Prevention and Infrastructure Building

Integrate and Coordinate Suicide Prevention

- Establish a Statewide Suicide Prevention Coalition - completed
- Sustain and strengthen collaboration across state agencies – ongoing, still need MOUs between agencies

Broaden suicide prevention communication efforts

- Suicide prevention messaging campaigns with targeted messages – Man Therapy campaign
- Communicate positive campaigns to connect people to care - 988 campaign
- Encourage safe media reporting on suicide – on-going
- Partner with policymakers – on-going

Suicide Prevention Plan 2021-2025

Clinical and Community Prevention

Target suicide prevention efforts to at risk populations

- Establish guidance and priorities for collecting data on populations with little available data –on-going
- Develop and support culturally informed suicide prevention efforts - GLS grant, Zero-Suicide grant
- Meet the specific needs of SMVF- Vet-ready Cert, Psych Armor, CCBHC

Support local efforts to reduce access to lethal means

- Support local efforts to work with gun shops, firearms owners, etc. – on-going
- Support local efforts to promote safe storage and medication disposal practices. - CALM training, lockbox distributions, drop-offs/collections

Suicide Prevention Plan 2021-2025

Treatment and Recovery Services

Promote high standards for suicide related behavioral healthcare

- Make workforce training available for evidence-based tools and treatments for suicide
- Create opportunities for youth and adult consumers, parents and family members to provide recommendations about treatment and recovery efforts
- Utilize best practices such as the Zero Suicide Framework
- Promote special attention to populations with multiple risk factors

Increase access to crisis services

- Ensure access to immediate support in times of suicide and other crises by supporting crisis hotlines with follow-up service links.
- Make an app available to facilitate communication with youth and allow for ready connections with mental health providers
- Ensure education for youth and adult consumers, parents and family members on their rights, roles, and responsibilities in treatment

Support Post-vention Activities

- Support ability of public and private stakeholders to respond to suicide deaths

Suicide Prevention Plan 2021-2025

Research and Evaluation

Improve data collection related to suicide morbidity and mortality

- Support improved quality of suicide related data through standardization of collection practices – on-going KVDRS
- Support efforts to gather timely mortality statistics – on-going

Annually review and report on State Suicide Prevention Plan

- Request assistance for more frequent review of suicide data
- Report on progress, revisions and roadblocks to plan efforts
- Evaluate impact and effectiveness of suicide prevention efforts

QUESTIONS?